



Breathing Hui

2013 Support Group Meetings

FREE & open to the public!

*Especially for folks with emphysema, chronic bronchitis
or chronic asthma, also known as
Chronic Obstructive Pulmonary Disease (COPD)*

Healthcare professionals guide—sharing with patients & caregivers

Medications Sleep Exercise Nutrition
Travel Oxygen Research Legislation
Emotions Relaxation Smoking Cessation
Optimizing Health & Care Social Security

Food,
Fellowship &
Information

10-11:30am, every 2nd Thursday
Pali Momi Medical Center
98-211 Pali Momi Street, Aiea
Ewa Conference Room

10-noon, every 2nd Friday
Kaiser Honolulu Clinic
1010 Pensacola Street, Honolulu
Conference Room 2E

7th Annual COPD Education Day 2013, Saturday, September 7,
Queen's Conference Center (no Sept. meetings)
(pre-register from August 2013 at www.hawaiicopd.org)

www.hawaiicopd.org or call Hawaii COPD Coalition at 699-9839 for more info

