collaborating in Project SUCCESS present the sixth annual COPD Education Day 2012

Chronic Obstructive Pulmonary Disease (COPD) emphysema, chronic bronchitis and chronic asthma
Saturday, September 8, 2012
9:00 AM—2:00 PM

Taking Care of Yourself and Others

Queen’s Conference Center
Hawaii COPD Coalition, event organizer
www.hawaiicopd.org
Welcome to COPD Education Day 2012

Taking Care of Yourself and Others

By Valerie Chang, Executive Director

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The Hawaii COPD Coalition (HCC or Coalition) was formed in 2007 to provide services and support to Hawaii’s people affected by Chronic Obstructive Pulmonary Disease (COPD), which is an umbrella term including emphysema, chronic bronchitis and chronic asthma. The Coalition is a non-profit corporation, serving patients, caregivers, family and friends, and healthcare professionals through research, education and increasing public awareness including early screening and diagnosis.

HCC is in its fifth year of operating Project SUCCESS—Spirometry-Urged Cessation through Counseling Education and Sustained Support. The project provides free lung health clinics throughout Hawaii, including the Big Island, Maui, Kauai and Molokai. Clinics are staffed by trained healthcare professionals: paramedic, registered nurses and respiratory therapists. Additionally, training sessions were held for healthcare professionals including doctors, residents and medical students. In 2011, over 1300 spirometry tests were conducted and over five sessions were held for training healthcare professionals.

This year, Hawaii COPD Coalition has been working with the Department of Health and many other partners to formulate Hawaii’s first Strategic Plan for COPD in Hawaii, as urged by resolutions introduced by Representatives Barbara Marumoto and Mark Hashem, adopted by our legislature. Two meetings have been held with stakeholders and a national facilitator to prioritize the most important issues regarding COPD and approaches for addressing them.

The Hawaii COPD Coalition has received support from individual contributors, memorial gifts, grants from the Hawaii Tobacco and Control Trust Fund, Friends of Hawaii Charities, Kaiser Permanente Hawaii, American Medical Association, National Heart Lung Blood Institute, Ohana Health Plan, sponsors, exhibitors, in-kind donations, and numerous volunteers.

The Burden of COPD in Hawaii 2010 Report, written by the Hawaii Department of Health (in collaboration with HCC), at www.hawaiicopd.org, was released last year. It provides important information about the 30,000 Hawaii adults with COPD and the $55 million/year in Hawaii COPD hospital charges.

GET INVOLVED—Share Your Story and Change Lives!

• Come to monthly support group meetings (2nd Friday of the month, 10am-noon, Kaiser Honolulu on 1010 Pensacola Street, Honolulu 96814)
• Be an advocate—lend your voice and/or writing skills (training provided)
• Register and be a part of research for better health
• Make a tax-deductible donation to help us continue and expand our programs
• Contribute to Aloha United Way, and designating agency Hawaii COPD Coalition, donor choice #75690

Program Schedule

9:00 AM  Registration
Workshops and exhibits

10:00  Welcome & Introduction
Emcee: Beth-Ann Kozlovic
Hawaii Public Radio Executive Producer Talk Shows,
Co-Host, the Conversation; Host, Town Square
Valerie Chang
Executive Director, Hawaii COPD Coalition

10:10  COPD 101: What’s New?
Christine Fukui, MD, Co-Keynote
Pulmonary & Sleep Specialist, Tripler

10:35  Why Exercise? You CAN Do It!
Debra September, APRN, FNP-BC, Co-Keynote
Pulmonary Nurse Practitioner
Director, Pulmonary Rehabilitation, Tripler

11:05  Caregiving: Helping a COPD Patient
Keith Kersting, Caregiver

11:10  Changing Compassion Fatigue to Compassion Satisfaction
Patricia Nishimoto, APRN, DNS, Co-Keynote
Oncology Nurse Specialist, with students
Zachary Bali, Scott Zane & Angela Ablog

11:40  Self-Advocacy: Being Heard
Valerie Chang, JD

11:55  Small World Harmonica Band
Robert Omura and Band
Young Chang, MD, Prosy Strona, Keumsoon Hong, MD,
Francis Tagami, Seiko Imoto, Onofre Briones,
Young Chung, Kazu Inouye, Mary Webster,
Cindy Yokoyama, Elsie Hu

12:25  Additional Thoughts and Prize Drawings
Beth-Ann Kozlovich

12:30  Refreshments, Demos & Exhibits Continued

2:00  Program Ends—Thanks for Coming!
See Everyone Next Year!

Mahalo for completing BOTH sides of survey/evaluation and priority forms and returning to any volunteer or registration desk.

The Hawaii COPD Coalition reserves the right to make program changes.
ACKNOWLEDGEMENTS

The Hawaii COPD Coalition and NHLBI Learn More, Breathe Better® Campaign gratefully acknowledge the following sponsors for their support of this event: Tobacco Prevention and Control Trust Fund of the Hawaii Community Foundation and these generous collaborators. Platinum sponsors Kaiser Permanente, Department of Health Tobacco Prevention and Education Program, and Queen’s Medical Center. Gold sponsor Grifols. Silver sponsors CSL Behring and COPD Foundation.

Special thanks to the tireless planning committee, including our co-keynote speakers **Dr. Christine Fukui, Debra September, and Dr. Patricia Nishimoto**, and program chair **Dr. Christine Fukui**, who made this event possible, **Department of Health** for meeting space, and our planning committee: Lila Johnson, Erin Schultz, Deepannita Roy, Lorraine Leslie, Florentina Salvail, Christine Fukui, Gary Powell and Valerie Chang. Thanks to **Keith and Roland Kerusting** for appearing on our publicity and **Robert Omura and the Small World Harmonica Band** for providing entertainment and therapy. **Kaiser Permanente** thanks for printing and mailing brochures and **Carol Agard** for flyer and brochure posting in Queen’s elevators, **American Lung Association in Hawaii, Ohana Health Plan** and others who distributed brochures. Mahalo to **Sodexo** for our healthy meals, to donor, **Jo Ann Ikehara, Hawaii Society for Respiratory Care**. Thanks so much to **Queen’s Conference Center**, especially **Diane** and the AV team.

**Thanks to our many individual volunteers and assistants.** Thanks to **Hawaii Pharmacists Association** with pharmacist volunteer **Camlyn Masuda** and pharmacy student volunteer **MarissaJoy Kaluhiokalani**.

Mahalo to our future—Respiratory Therapy Professor **Aaron Koseki, PhD, RRT** and respiratory therapy student volunteers: Ashley Ballesteros, Judy Ann Baoit, Ivan Barbosa, Kelsey Canto, Dudoit Tahnee, Scott K. Fisher, Kevin Han, Kazushi Haruyama, Terence Ho, Brian Kaopuiki, Johnny Kayano, Tracie Lee, Thomas Lee, Diane Lee, Kayi Liang, Jon Matsunaga, Joshua Mullen, Keith Nakamoto, Jordan Ono, Jennifer Poling, Ricky Jay Rapanut, Micah Sakamoto, and Ikaika Stricker.

**Each of you helped make this event better and more special!**

**Additional Organization Partners and Exhibitors Include:**
American Lung Association of Hawaii, Caregiver Foundation of America, CSL Behring, Department of Health-Tobacco Prevention and Education Program, Sage PLUS and SNP Programs, Grifols, Hawaii Pharmacists Association, Hawaii Society for Respiratory Care, Kaiser Permanente Hawaii, Pfizer, Inc., Queen’s Breast Cancer Center, Respiratory Home Care Specialists, and Tripler.

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Please Complete and Return ALL Completed Survey/Evaluation and Priority Forms

Thanks for helping us improve our future events!

Thanks for coming! See you again soon!