collaborating in

Project SUCCESS present

COPD Education Day

2008

Chronic Obstructive Pulmonary Disease (COPD)
emphysema, chronic bronchitis and chronic asthma

Monday, September 22, 2008
9:00 AM—1:30 PM

Queen’s Conference Center
510 S. Beretania Street, Honolulu

Queen’s Medical Center, host
Hawaii COPD Coalition, event organizer
http://hawaiicopd.org
Welcome to COPD Education Day 2008!

By Valerie Chang, Executive Director
http://hawaiicopd.org, copd.hawaii@yahoo.com, 699-9839

The Hawaii COPD Coalition (HCC) was formed in 2007 to provide services and support to Hawaii’s people affected by Chronic Obstructive Pulmonary Disease (COPD) and its related disorders. The Coalition is recognized as a tax exempt 501(c) non-profit by both the IRS and state of Hawaii. HCC serves caregivers, healthcare professionals, family and friends through research, education and increasing public awareness including early screening and diagnosis.

HCC was awarded a grant for a two year project with Longs Drugs for Project SUCCESS—Spirometry-Urged Cessation through Counseling Education and Sustained Support. This grant is from the Hawaii Tobacco Prevention & Control Trust Fund of the Hawaii Community Foundation. Under the project, clinics were offered that included free blood pressure and lung testing, as well as information, support, resources and referrals at Longs Drugs using a staff of trained healthcare professionals. This project is co-lead by patient advocate Valerie Chang, JD, pulmonologist Paul Enright, MD, and pharmacist Cindy Minakami, PharmD. For more information and clinic details, visit http://hawaiicopd.org. There have been nine clinics at Longs to date and more are scheduled. For information call Longs Clinical Services at 988-2439 or Hawaii COPD Coalition at 699-9839. HCC has raised awareness of COPD on state and national levels.

“Breathing Hui,” public monthly COPD support group meetings, also began in November 2007 and continue. Meetings are second Friday of every month at Kaiser Permanente, Honolulu clinic on Pensacola, conference rooms on the second floor off the main elevator, from 10-noon. Meetings are run by healthcare professionals. (Meetings are free and open to everyone but there is a nominal $3 parking fee for 3 hours.) This second annual COPD Education Day is also part of HCC’s mission to increase public awareness and improve treatment of COPD.

GOOD NEWS from Washington & AARC: Pulmo Rehab Will be Funded under HR 6331!

By Joan Loke, AARC PACT Team Representative
432-8970, catnap@hawaii.rr.com

Go ahead and pop the corks! Congress has finally passed a HR6331 overriding President George Bush’s veto to allow Medicare to reimburse for pulmonary rehabilitation (PR)! This is great for those of us with breathing problems or those who care for us because PR has been shown to really help us breathe and live better! In the near future, we hope to see a resurrection of the PR programs that once served patients at Kuakini, Castle and Queen’s Medical Centers.

For the past 10 years, Hawaii has had a Political Action Representative in Washington DC, to join other chartered affiliate reps to lobby for issues of concern to our patients, respiratory therapists and the American Academy of Respiratory Care (AARC). This June, 250 of us lobbied at the capitol. Through partnerships with the national patient and health professional organizations, our voices are being heard! The letter writing, phoning and e-mailing of all our congressional representatives has paid off! MAHALO to all! The AARC has made it easy to link up with our congressional reps at www.AARC.org.

Please sign up to help contact our reps with Project SUCCESS about PR and future issues. You can also call the Hawaii delegation by phone locally:

| Senator Daniel Inouye: 541-2542 | Representative Neil Abercrombie: 541-2570 |
Program Schedule

9:00-10:25 AM  **Registration**
Workshops and exhibits—see enclosed map and descriptions

10:30-10:45 AM  **Welcome & Introduction**
Moderator: Beth-Ann Kozlovich, Director of Development, American Lung Association of Hawaii; Hawaii Public Radio Talk Shows Executive Producer, Host of Town Square and On Politics

10:45-11:05 AM  **Sleep & COPD**
Keynote: Roger Yim, MD, Program Co-Chair
Certified in Pulmonology, Critical Care and Sleep
Director, Queen’s Sleep Center
Director, Queen’s Pulmonary Function Laboratory

10:55-11:20 AM  **Exercise & COPD**
John Cheung, MPH, RD, clinical nutritionist, Waianae Coast Comp. Health Center

11:20-11:35 AM  **Nutrition & COPD**
Kourtney Inoue, MS, RD, CDE, clinical dietitian, Kaiser Permanente

11:35-11:50 AM  **Medications & COPD**
Cindy Minakami, MBA, PharmD, AE-C, CDE, Manager, Clinical Services, Longs Drugs

11:50-12:05 PM  **Patient Panel—COPD & Active Living**
Gwen Atkinson, patient
Lindsay Meganhardt, patient advocate, caregiver to A-1 patient

12:05-12:30 PM  **Panel Discussion** Above Speakers

12:30-1:30 PM  **Lunch, Demos & Exhibits Continued**

1:30  **Program Ends—Thanks for Coming!**

Recycle Resources & Return Completed Form

Using and sharing our resources wisely helps us better partner with our medical team, so we can live as actively and fully as possible. Please take what you will use and return any extra resources to any exhibitor or registration so we can share with others. Mahalo for your time and we look forward to seeing you at future programs and events. Please complete and return both sides of the evaluation and survey to registration or the Project SUCCESS room help us better meet your needs and claim your free prize!
ACKNOWLEDGEMENTS

The Hawaii COPD Coalition and Longs Drugs gratefully acknowledge the following sponsors for their support of this event:

Platinum Sponsors:  
Boehringer-Ingelheim  
Department of Health—Tobacco Prevention & Education Program  
Kaiser Permanente  
Queen’s Medical Center

Other Sponsors:  
CSL Behring  
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Tobacco Prevention & Control Trust Fund of the Hawaii Community Foundation

Special thanks to the tireless planning committee who made this event possible, especially Kaiser Permanente who printed the brochure and helped with publicity, Department of Health which also helped with publicity. Special thanks to Pedro Haro-Arvizu for the brochure cover, Leslie Wong for brochure reformatting, Stephanie Mitchell for tireless phone calls, Kapiolani Community College Respiratory Therapy Program for volunteers, Valerie Yontz for help with evaluation and survey, Lila Johnson for editing, and PediPress for rushing materials to us, and Lanikila Meals on Wheels for our healthy meals.

Additional Partners Include: