COPD Education Day
2007

Chronic Obstructive Pulmonary Disease (COPD)
emphysema, chronic bronchitis and chronic asthma

Friday, November 2, 2007
10:30 AM – 02:30 PM

Queen's Conference Center
510 S Beretania Street, Honolulu

Queen's Medical Center, host
Hawaii COPD Coalition, event organizer
copd.hawaii@yahoo.com
Welcome to COPD Education Day 2007

Chronic Obstructive Pulmonary Disease, “COPD,” is a serious lung disease that makes breathing difficult. It is most often characterized by shortness of breath and a persistent cough. It is the fourth leading cause of death in the United States, and is expected to rise from fourth to third leading cause of death by 2020. Those over the age of 40 with a history of smoking are particularly at risk, however 1 in 6 people with COPD have never smoked.

Our keynote speaker today, Dr. James Kiley, reports that “there are 12 million Americans diagnosed with COPD, and we estimate that another 12 million people have the disease and don’t even know it. November, National COPD Awareness Month, is a great opportunity for advocates and health care professionals to educate the public and their patients about the disease.”

Some free helpful resources include:

- National Heart Lung Blood Institute’s [http://learnaboutcopd.org](http://learnaboutcopd.org) (website with information and resources about COPD)
- COPD Foundation Information Line 1-866-316-2673 (a toll-free number where you can speak with a COPD patient to learn more about COPD and resources available, including guidance and referral information)
- Kaiser Permanente members to contact their PCP or [KP.org](http://KP.org) for more COPD info.
- HMSA’s Care Connection 1-800-499-5036 (toll-free service for HMSA patients with COPD and other covered conditions)
- National Jewish LungLine 1-800-222-LUNG (1-800-222-5864) (toll-free service to speak with a respiratory nurse) or e-mail LungLine@njc.org, can request free information mailed on COPD and other topics.
- AlohaMeds 1-888-477-2669 or website [http://alohameds.org](http://alohameds.org) for information about medication assistance programs for eligible patients
- QuitLine 1-800-QUIT-NOW, 1-800-784-8669 or website [http://www.callitquitshawaii.com/](http://www.callitquitshawaii.com/) for help in tobacco cessation
- Senior Help Line 768-7700, Honolulu Elderly Affairs Division—info, booklet

Using and sharing available resources wisely can help us better partner with our medical team so we can live as actively and fully as possible. Please take only what you will use and return extra resources to any exhibitor, so we can share with others, including those unable to join us today. Again, mahalo for your time; we look forward to seeing you at future programs. Please complete and return all completed forms in your packet to registration or any exhibit, so we may know how to improve and how well we met your needs.

*Remember to enter the drawing of your choice!*
PROGRAM SCHEDULE

10:30 AM – 11:25 AM Registration
Workshops/exhibits include: Inhaler technique demos • Oxygen systems & supplies • Medications • Free Lung function screening & testing • Free Alpha-1 Antitrypsin screening & testing kits • Rx check-up • And more

(11:00 AM: FREE lunch bento & bottle of water available on 1st floor, with ticket in registration packet.)

11:30 AM – 11:45 AM Welcome & Introduction
Moderator: Della Ann Bellati, JD, Representative, 25th District, State House
Speaker: Barbara Yamashita, Chief, Community Health Division, State Department of Health

11:45 AM – 12:05 PM NHLBI COPD Education and Awareness Campaign
Keynote: James Kiley, PhD, Director of the Division of Lung Diseases at the National Heart Lung and Blood Institute (NHLBI), National Institutes of Health, Bethesda, MD

12:05 PM – 12:25 PM COPD – Effective Treatments
Speaker: Thomas Pollard, DO, Program Chair
Pulmonologist & Critical Care Medicine Specialist, Kapiolani Pali Mom
Medical Director Pacific Island Lung Institute

12:25 PM – 12:40 PM Patients Living Actively with COPD
Patient Panel: David Boasso, Valerie Chang

12:40 PM – 01:00 PM Panel discussion with all presenters

01:00 PM – 02:30 PM Workshops/exhibits continue

02:30 PM Program ends. Thanks for joining us. Please return all completed forms.

EXHIBITS, DEMONSTRATIONS, FREE SCREENINGS

• Carbon Monoxide Test/Immunogenetics Research presented by University of Hawaii, John A. Burns School of Medicine, Immunogenetics Research Team: Check your CO level.

• Speak to a Pharmacist/Inhaler Techniques presented by Hawaii Pharmacists Association. Pharmacists will demonstrate inhalers, spacers, review your medications, and answer med questions.

• Tobacco Education presented by Department of Health, Tobacco Prevention and Education Program. Information about the Hawaii QuitLine and resources on tobacco, including no smoking signs.

• Asthma Information presented by Department of Health, Hawaii State Asthma Control Program. Questions and answers about asthma.

• Spirometry: Lung Testing presented by Windward Oahu Asthma Coalition. If you think you have a breathing problem and want to check it out, get tested!

• Alpha-1 Antitrypsin Deficiency presented by Alpha-1 Foundation. UH student nurses are available to share information about Alpha-1, a hereditary form of emphysema.

• COPD Foundation presented by COPD Foundation, UH student nurses will share the resources offered by COPD Foundation including the COPD Information Line, COPD Digest, and other great tools.

• Speak to a Respiratory Nurse or Respiratory Therapist presented by Kaiser Permanente and get a free COPD educational booklet.

• National COPD Information presented by National Heart Lung Blood Institute (NHLBI), National Health Lung Education Program (NHLEP), UH student nurses will share national information about COPD

• Patient Education from ATS presented by American Thoracic Society, UH student nurses will help you select appropriate patient materials on a variety of topics: COPD, COPD signs & symptoms, Alpha-1, sleep studies, bronchoscopy, and COPD surgery.

• HMSA Care Connection presented by HMSA Care Connection. Information and resources on COPD.

• Medical Companies and Other Exhibitors: CSL Behring • Dey, LP • Pari Respiratory Equipment, Inc. • Pfizer, Inc. • Respiratory Home Care Specialists, Inc. • Salter Labs • Sepacor • STAT Medical and Monaghan Medical Corporation • Talecris Biotherapeutics
FREE DRAWINGS

Choose the drawing you would like to enter and deposit your entry from with your registration packet; winners will be announced at the event. (Some prizes require you to be present to win.) Prizes and contests include: a pair of OxyView glasses (an alternative to the nasal cannula), compressors and nebulizers from Salter, Pari and Monaghan for patients who currently nebulize their medications, Monaghan Aerochamber and Pari Vortex spacers for use with inhalers, shopping bags and gift cards and gift certificates to popular merchants donated by Longs Drugs and Talecris Biotherapeutics.

ACKNOWLEDGEMENTS

The Hawaii COPD Coalition gratefully acknowledges the following sponsors for their support of this event:

Platinum Sponsors: COPD Foundation
Department of Health—Tobacco Prevention & Education Program
Kaiser Permanente
Queen’s Medical Center
Sepracor, Inc.
Talecris Biotherapeutics

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Additional Partners Include:

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HMSA
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Monaghan Medical Corporation
National Heart Lung Blood Institute
National Health Education Program
OxyView
Respiratory Home Care Specialists, Inc.
Salter Labs
Times Pharmacy
STAT Medical
University of Hawaii, John A. Burns School of
Medicine
University of Hawaii, School of Nursing
Windward Oahu Asthma Coalition

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PULMONARY REHABILITATION

Write to your Senator through www.aarc.org site under capital connection. We need a companion bill for HR3968 (Medicare Respiratory Therapy Initiative).
For more information, call Joan Loke, PACT Representative at 833-4420 for information.