

AGENDA

Queen's Conference Center, Fri 9/13

FREE Demonstrations & Exhibits Include:

Pulmonary rehabilitation, medications, inhaler technique, mucus clearance, demos, lung screening and assessment tests, carbon monoxide testing, pulse oximetry, (genetic) Alpha-1 information, smoking cessation resources and counseling, clean air laws, research, door prizes and more! FREE refreshments and materials provided.

No-cost hearing devices loaned on site.

Topic	Speaker
9:30	Registration, Refreshments, Demos and exhibits
10:30	Welcome & Introduction Janet Hochberg, CNA
10:35	What is COPD? The Basics Ron Sanderson, DrPH, RRT
11:05	Tai Chi for Health & Breath Jerry Punzal
11:45	Medical & Health Research: Melissa Kahili-Heede, MLIS What's real and What's Fake
12:15	COPD Treatment Options Chad Kawakami, PharmD, BCPS, CDE & Nicholas Tsoi, PharmD
12:45	COPD Research & YOU! Valerie Chang, JD
1:00	Can Home Care help ME? Cindy Holloway, RN
1:15	Advanced & Future Treatments Shanon Makekau, MD
1:45	Refreshments, Demos and exhibits continue
2:00	Program Ends — Thanks for coming! See you next year!

Parking

Public parking is very limited.

Consider carpooling, getting dropped off, **HandiVan** or **TheBus** (848-5555).

Parking lots are \$5 for POB1 or POB2 or QMC valet with validation.

Special Thanks

Mahalo for support from Queen's Medical Center, Kaiser Permanente, Hawaii Society for Respiratory Care, Kapiolani Community College Respiratory Therapy Program, HMSA, National Heart Lung Blood Institute of the National Institutes of Health, John A Burns School of Medicine, Daniel K Inouye College of Pharmacy, Straub Medical Center, Theravance, Mylan, Grifols, & our exhibitors including Accredo, American Lung Association in Hawaii, COPD Breathe Strong, Hawaii COPD Coalition, Hawaii Department of Health SHIP Program and Tobacco Prevention and Education Program, Queen's Medical Center, Pulmonary, STAT Medical, and Hauoli Home Care. Thanks also to Hawaii Library System, Hawaii Public Radio, HMSA's Island Scene magazine, and MidWeek.

The Hawaii COPD Coalition reserves the right to make program changes.



COPD Education Day

— 2019 —

Better Breathing for All!



Annual FREE health fair for:

**Emphysema
Chronic Bronchitis
Chronic Asthma**

9:30am — 2pm

Friday, September 13, 2019

**Queen's Conference Center
1301 Punchbowl Street**

Phone: 808-699-9839



700 Richards St., Suite 2410

Honolulu, Hawaii 96813

FAX (808)521-1550

www.hawaiicopd.org

valerie@hawaiicopd.org

Join us Fri. Sept. 13 for the

13th annual Health Fair on:

Chronic Obstructive Pulmonary Disease

Emphysema, Chronic Bronchitis & Chronic Asthma

Welcome!

Our speakers will talk about COPD and how patients AND caregivers can live better and more active lives.

Topics include understanding your tools for better breathing, medications and other treatments for living better with COPD, tai chi and other exercise and how it can improve your life, and more! We will also learn how to get more and better health information from a medical school librarian, as well as whether home care could help!

Exhibits include medicines, demonstrations, new oxygen equipment, the latest in new clean air laws, and the new Federal COPD Action plan!

Chronic Obstructive Pulmonary Disease (COPD) is a systemic condition caused by air being trapped in the lung. Mostly, it is associated with emphysema, chronic bronchitis and chronic asthma.

Participate with others in demonstrations which include free screenings, assessments, and health handouts. Speak with healthcare professionals and visit exhibits.

For additional information, please visit us at www.hawaiicopd.org.

Space is limited, reserve your seat today!

Aloha,

Shanon Makekau

Shanon Makekau, MD

Program Chair

COPD Education Day 2019



Speakers



Chang

Hochberg

Holloway

Kahil-Heede

Valerie Chang, JD

Patient Advocate,
Executive Director of Hawaii COPD Coalition

Janet Hochberg, CNA

Co-Founder & Co-Owner Hauoli Home Care

Cindy Holloway, RN

Hauoli Home Care Client Services Supervisor

Melissa Kahili-Heede, MLIS

Information Services & Instruction Librarian,
John A Burns School of Medicine

Chad Kawakami, PharmD, BCPS, CDE

Assistant Professor of Pharmacy Practice,
UH at Hilo College of Pharmacy

Shanon Makekau, MD

Pulmonary and Sleep Specialist,
Kaiser Permanente, Hawaii

Jerry Punzal

Tai Chi Instructor

Ron Sanderson, DrPH, RRT

The Respiratory Center of Hawaii
Board member, American Lung Association of Hawaii

Nicholas Tsoi, PharmD

Pharmacy Resident at Hawaii Pacific Health



Kawakami

Punzal

Sanderson

Tsoi

Registration

FREE COPD Education Day 2019

Friday, September 13, 2019, 9:30am-2pm

Queen's Medical Center — Conference Center

No-cost hearing devices on-site

Name _____

Address _____

City _____ State _____ Zip _____

Phone () _____

E-mail Address _____

How did you find out about this program?

Additional Guests:

Name _____

Address _____

City _____ State _____ Zip _____

Phone () _____

E-mail Address _____

Mail to: **COPD Education Day Registration**
Hawaii COPD Coalition
700 Richards Street, Suite 2410
Honolulu, HI 96813
or FAX to 521-1550

Download brochure at www.hawaiicopd.org

Space is limited. Register on-line or send registration via mail, e-mail or fax by September 1. Late and walk-in registrations accepted as space permits. For more information, e-mail valerie@hawaiicopd.org or call Valerie Chang at Hawaii COPD Coalition at (808)699-9839.

E-mail or call for special accommodations by September 1.