COPD Education Day – 2018 –
Adventures in Better Breathing

Annual FREE health fair for:
Emphysema
Chronic Bronchitis
Chronic Asthma

10am — 2pm
Friday, September 14, 2018
Queen’s Conference Center
1301 Punchbowl Street
Phone: 808-699-9839

AGENDA
Queen’s Conference Center, Fri 9/14

FREE Demonstrations & Exhibits Include:
Pulmonary rehabilitation, medications, inhaler technique, mucus clearance, demos, lung screening and assessment tests, carbon monoxide testing, pulse oximetry, (genetic) Alpha-1 information, smoking cessation resources and counseling, clean air laws, research, door prizes and more! FREE refreshments and materials provided.

No-cost hearing devices loaned on site.

<table>
<thead>
<tr>
<th>Time</th>
<th>Topic</th>
<th>Speaker</th>
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<tbody>
<tr>
<td>10:00</td>
<td>Registration, Refreshments, Demos &amp; Exhibits</td>
<td>Beth-Ann Kozlovich</td>
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<tr>
<td>11:00</td>
<td>Welcome &amp; Introduction</td>
<td>Kevin Hara, MD</td>
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<td>11:05</td>
<td>COPD and Sleep</td>
<td>Lucille Chun</td>
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<td>11:30</td>
<td>The Power of Tai Chi</td>
<td>Daniel Sabin, PharmD</td>
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<td>12:00</td>
<td>COPD Treatment Options</td>
<td>Eric Crawley, MD</td>
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<tr>
<td>12:30</td>
<td>Travel and Advanced Treatments</td>
<td>Valerie Chang, JD</td>
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<tr>
<td>1:00</td>
<td>COPD Research</td>
<td>Kory Kawaguchi, BS, CCES</td>
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<td>1:15</td>
<td>REHAB Strong</td>
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<td>1:45</td>
<td>Refreshments, Demos &amp; Exhibits Continue</td>
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<tr>
<td>2:00</td>
<td>Program Ends—Thanks for Coming! See Everyone Next Year!</td>
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Parking
Public parking is very limited.
Consider carpooling, getting dropped off, HandiVan or TheBus (848-5555). Parking lots are $5 for POB1 or POB2 or QMC valet with validation.

Special Thanks
Mahalo for support from Queen’s Medical Center, Kaiser Permanente, Hawaii Society for Respiratory Care, Kapolei Community College Respiratory Therapy Program, HMSA, National Heart Lung Blood Institute of the National Institutes of Health, Sunovion, Grifols, & our exhibitors including Acredeo, American Lung Association in Hawaii, Breathe Strong, Hawaii COPD Coalition, Hawaii Department of Health SHIP Program and Tobacco Prevention and Education Program, Hill Rom, Queen’s Medical Center, Oximedic, Pulmonary, QCIPN, and STAT Medical, Rehab Hospital of the Pacific and Teva Pharmaceuticals. Thanks also to Hawaii Library System, Hawaii Public Radio, HMSA’s Island Scene magazine, and MidWeek.
Our speakers will talk about COPD and how patients AND caregivers can live better and more active lives.

Topics include understanding your tools for better breathing, sleep, travel, medications and other treatments for living better with COPD, tai chi and other exercise and how it can improve your life, and more!

Exhibits include medicines, demonstrations, new mucous clearance equipment, the latest in new clean air laws, and the new Federal COPD Action plan and much more!

Chronic Obstructive Pulmonary Disease (COPD) is a systemic condition caused by air being trapped in the lung. Mostly, it is associated with emphysema, chronic bronchitis and chronic asthma.

Participate with others in demonstrations which include free screenings, assessments, and health handouts. Speak with healthcare professionals and visit exhibits.

For additional information, please visit us at www.hawaiicopd.org.

Space is limited, reserve your seat today!

Aloha,

Valerie Chang

Valerie Chang, JD
Program Chair
COPD Education Day 2018

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FREE COPD Education Day 2018
Friday, September 14, 2018, 10am-2pm
Queen’s Medical Center — Conference Center
No-cost hearing devices on-site

Valerie Chang, JD
Patient Advocate, Executive Director,
Hawaii COPD Coalition

Lucille Chun
Tai Chi Instructor with everydaytaichi.org

Eric Crawley, MD
Interventional Pulmonologist, Straub Medical Center

Kevin Hara, MD
Sleep & Pulmonary Specialist, Pali Momi Medical Center

Kory Kawaguchi, BS, CCES
Lifestyle & Wellbeing Coordinator,
Rehabilitation Hospital of the Pacific

Beth-Ann Kozlovich
Senior Development Officer, Kahi Mohala

Daniel Sabin, PharmD
Managing Pharmacist, Longs Aina Haina

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Mail to:
COPD Education Day Registration
Hawaii COPD Coalition
700 Richards Street, Suite 2410
Honolulu, HI 96813
or FAX to 521-1550
Download brochure at www.hawaiicopd.org

Space is limited. Register on-line or send registration via mail, e-mail or fax by September 1. Late and walk-in registrations accepted as space permits. For more information, e-mail valerie@hawaiicopd.org or call Valerie Chang at Hawaii COPD Coalition at (808)699-9839.

E-mail or call for special accommodations by September 1.