



COPD Education Day - 2018 -

Adventures in
Better Breathing



Annual FREE health fair for:

**Emphysema
Chronic Bronchitis
Chronic Asthma**

**10am — 2pm
Friday, September 14, 2018**

**Queen's Conference Center
1301 Punchbowl Street**

Phone: 808-699-9839



**700 Richards St., Suite 2410
Honolulu, Hawaii 96813
FAX (808)521-1550**

www.hawaiicopd.org
valerie@hawaiicopd.org

**Join us Fri. Sept. 14 for the
12th annual Health Fair on:**
Chronic Obstructive Pulmonary Disease
Emphysema, Chronic Bronchitis & Chronic Asthma

AGENDA

Queen's Conference Center, Fri 9/14

FREE Demonstrations & Exhibits Include:

Pulmonary rehabilitation, medications, inhaler technique, mucus clearance, demos, lung screening and assessment tests, carbon monoxide testing, pulse oximetry, (genetic) Alpha-1 information, smoking cessation resources and counseling, clean air laws, research, door prizes and more! FREE refreshments and materials provided.

No-cost hearing devices loaned on site.

	Topic	Speaker
10:00	Registration, Refreshments, Demos & Exhibits	
11:00	Welcome & Introduction	Beth-Ann Kozlovich
11:05	COPD and Sleep	Kevin Hara, MD
11:30	The Power of Tai Chi	Lucille Chun
12:00	COPD Treatment Options	Daniel Sabin, PharmD
12:30	Travel and Advanced Treatments	Eric Crawley, MD
1:00	COPD Research	Valerie Chang, JD
1:15	REHAB Strong	Kory Kawaguchi, BS, CCES
1:45	Refreshments, Demos & Exhibits Continue	
2:00	Program Ends—Thanks for Coming! See Everyone Next Year!	

Parking

Public parking is very limited.

Consider carpooling, getting dropped off, **HandiVan** or **TheBus** (848-5555).
Parking lots are \$5 for POB1 or POB2 or QMC valet with validation.

Special Thanks

Mahalo for support from Queen's Medical Center, Kaiser Permanente, Hawaii Society for Respiratory Care, Kapiolani Community College Respiratory Therapy Program, HMSA, National Heart Lung Blood Institute of the National Institutes of Health, Sunovion, Grifols, & our exhibitors including Accredo, American Lung Association in Hawaii, Breathe Strong, Hawaii COPD Coalition, Hawaii Department of Health SHIP Program and Tobacco Prevention and Education Program, Hill Rom, Queen's Medical Center, Oximedical, Pulmonary, QCIPN, and STAT Medical, Rehab Hospital of the Pacific and Teva Pharmaceuticals. Thanks also to Hawaii Library System, Hawaii Public Radio, HMSA's Island Scene magazine, and MidWeek.

Our speakers will talk about COPD and how patients AND caregivers can live better and more active lives.

Topics include understanding your tools for better breathing, sleep, travel, medications and other treatments for living better with COPD, tai chi and other exercise and how it can improve your life, and more!

Exhibits include medicines, demonstrations, new mucous clearance equipment, the latest in new clean air laws, and the new Federal COPD Action plan and much more!

Chronic Obstructive Pulmonary Disease (COPD) is a systemic condition caused by air being trapped in the lung. Mostly, it is associated with emphysema, chronic bronchitis and chronic asthma.

Participate with others in demonstrations which include free screenings, assessments, and health handouts. Speak with healthcare professionals and visit exhibits.

For additional information, please visit us at www.hawaiicopd.org.

Space is limited, reserve your seat today!

Aloha,
Valerie Chang

Valerie Chang, JD
Program Chair
COPD Education Day 2018



Beth-Ann Kozlovich



Eric Crawley



Kevin Hara

Valerie Chang, JD

Patient Advocate, Executive Director,
Hawaii COPD Coalition

Lucille Chun

Tai Chi Instructor with everydaytaichi.org

Eric Crawley, MD

Interventional Pulmonologist, Straub Medical Center

Kevin Hara, MD

Sleep & Pulmonary Specialist, Pali Momi Medical Center

Kory Kawaguchi, BS, CCES

Lifestyle & Wellbeing Coordinator,
Rehabilitation Hospital of the Pacific

Beth-Ann Kozlovich

Senior Development Officer, Kahi Mohala

Daniel Sabin, PharmD

Managing Pharmacist, Longs Aina Haina



Daniel Sabin



Kory Kawaguchi



Lucille Chun

The Hawaii COPD Coalition reserves the right to make program changes.

FREE COPD Education Day 2018
Friday, September 14, 2018, 10am-2pm
Queen's Medical Center — Conference Center
No-cost hearing devices on-site

Name _____

Address _____

City _____ State _____ Zip _____

Phone () _____

E-mail Address _____

How did you find out about this program?

Additional Guests:

Name _____

Address _____

City _____ State _____ Zip _____

Phone () _____

E-mail Address _____

Mail to: **COPD Education Day Registration**
Hawaii COPD Coalition
700 Richards Street, Suite 2410
Honolulu, HI 96813
or FAX to 521-1550

Download brochure at www.hawaiicopd.org

Space is limited. Register on-line or send registration via mail, e-mail or fax by September 1. Late and walk-in registrations accepted as space permits. For more information, e-mail valerie@hawaiicopd.org or call Valerie Chang at Hawaii COPD Coalition at (808)699-9839.

E-mail or call for special accommodations by September 1.