The Hawaii COPD Coalition proudly presents the eleventh annual COPD Education Day 2017
Chronic Obstructive Pulmonary Disease (COPD) emphysema, chronic bronchitis and chronic asthma

Better Breathing: The National Action Plan!

Queen’s Conference Center
Saturday, September 16, 2017
9:00 AM—2:00 PM

www.hawaiicopd.org
Welcome to COPD Education Day 2017
Better Breathing: National Action Plan!
By Valerie Chang, Executive Director

The Hawaii COPD Coalition (HiCOPD) was formed in 2007 to provide services and support to Hawaii’s people affected by Chronic Obstructive Pulmonary Disease (COPD), which is an umbrella term including emphysema, chronic bronchitis and chronic asthma. The Coalition is a non-profit corporation, serving patients, caregivers, family and friends, and healthcare professionals through research, education and increasing public awareness including early screening and diagnosis.

HiCOPD is in its eleventh year of operating support groups and offering resources throughout the state. Lung health clinics have been performed on all islands in prior years. Professional development and resources have been offered as well. Support groups meet monthly at Kaiser Honolulu on Pensacola and Pali Momi Women’s Center! www.hawaiicopd.org has more information. The website is regularly updated with new and helpful information about COPD, as well as a calendar of events.

If you have COPD or asthma, please register for the COPD Patient Powered Research Network (PPRN) at www.copdfoundation.org, under the ‘PPRN Research’ page. Registration is free and your privacy is strictly protected. The information will help researchers develop better treatments and cures for COPD. If you use supplemental oxygen at all, please complete and critique the Portable Oxygen Needs Assessment so we can make it better!

The Burden of COPD in Hawaii 2010 Report, written by the Hawaii Department of Health (in collaboration with HiCOPD) continues to be available at www.hawaiicopd.org, containing important information about the 46,015 adults in Hawaii with COPD and the over $55 million/year in Hawaii COPD hospital charges!

GET INVOLVED — Share Your Story and Change Lives!

Come to monthly support group meetings
2nd Tuesdays at Pali Momi Women’s Center 2nd Fridays at Kaiser Honolulu, Pensacola
Details at hawaiicopd.org, or email valerie@hawaiicopd.org or call (808)699-9839

Contribute when you shop at Foodland and Amazon:

Foodland’s Give Aloha Program, #78740 for September only.

Amazon Smile Program http://smile.amazon.com/ch/35-2328693
0.5% of qualifying Amazon.com purchases made through this link will be donated to Hawaii COPD Coalition. Details at www.hawaiicopd.org.

Resources

COPD questions or issues? Call COPD INFO LINE!
1-866-316-COPD (2673)
(M-F 3am to 3pm HI time).

Problems with your oxygen or other durable medical equipment? Call Medicare!
1-800-633-4227
(Select other choices, then durable medical equipment competitive bidding problems).
9:00  
Registration  
Workshops and exhibits

10:15  
Welcome & Introduction  
Emcee: Jackie Young  
Former Legislator & Chief Staff Officer for ACS Hawaii

10:20  
Your Best Life with COPD  
Eric Crawley, MD  
Pulmonologist, Straub Medical Center

10:45  
Better Breathers Group Workout  
Joshua Cordova, BS EXHPR, NSCA-CPT  
Kasie Kiyuna, BSN-RN  
Rehabilitation Hospital of the Pacific

11:05  
Medications for Better Breathing  
Daniel Sabin, PharmD  
Managing Pharmacist, Aina Haina Longs

11:30  
Breathing Tools—Use & Care  
Augustine Luc, Trina Kaneakalau  
Respiratory Therapy Students, Kapiolani Community College

11:50  
Eat to Breathe  
Carolyn Donahue-Mather, MAS, RDN, LD, IBCLC, Nutritionist  
Hawaii Department of Health, Chronic Disease Prevention & Health Promotion Division

12:10  
COPD and Leonard Nimoy  
Valerie Chang, JD  
Executive Director, Hawaii COPD Coalition

12:30  
National COPD Action Plan  
Valerie Chang, JD  
Vice-Chair, US COPD Coalition

12:50  
Announcements & Reminders  
Jackie Young & Valerie Chang

1:00  
Refreshments, Demos & Exhibits

2:00  
Program Ends—Thanks for Coming!

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Mahalo for completing BOTH sides of survey/evaluation and priority forms and returning for your bento lunch.

The Hawaii COPD Coalition reserves the right to make program changes.
ACKNOWLEDGEMENTS

The Hawaii COPD Coalition gratefully acknowledge the following sponsors for their support of this event: Platinum sponsors Sunovian, Queen’s Medical Center and Queen’s Medical Center; Silver sponsors Department of Health Tobacco Prevention & Education Program, National Institutes of Health Learn More, Breathe Better Campaign, and COPD Foundation; and Bronze sponsors HMSA and Kapiolani Community College Respiratory Therapy Program.

Special thanks to our speakers Dr. Eric Crawley, Joshua Cordova, Kasie Kiyuna, Jung Kim, Alice Inoue, Daniel Sabin, Augustine Luc, Trina Kaneakalau, and Len Geiger, who made this event possible, as well as our fabulous emcee Jackie Young. Thanks to Amanda Chung for brochure and cover graphic. Kaiser Permanente thanks for printing and mailing brochures, Hawaii State Library System, Honolulu Satellite CityHalls, Jo Anne Ikehara, Queen’s Medical Center, HMAA, Hawaii Society of Respiratory Care, and others who distributed brochures. Mahalo to Sodexo for our healthy meals at special prices. Thanks so much to Queen’s Conference Center, especially Harvey, Ryan and the AV team. Thanks to our many individual volunteers and assistants, including Brenda Hiromoto and Mary Nakamoto. Mahalo to our future—Respiratory Therapy Instructors Robert Vega and Jung Kim, and respiratory therapy student volunteers: Catherine Bacani, Arglyn Bancolita, Pilani Enos, Marinelle Guillermo, Sydney Inay, Brad Kamihara, John Kealoha, Anh Thu Nguyen, Mari Nomura, Traci Oba, Cory Quianzon, Shanice Salvido, Khamphou Sayavong, Tatyana Serikov, Rebecca Shimabukuro, Brittany Spencer, and Rachel Wong.

Each of you helped make this event better and more special!

Special mahalo to Nonin, Inc. for donating door prizes.

Please Complete and Return ALL Completed Survey/Evaluation and Priority Forms

Thanks for helping us improve our future events!

Thanks for coming! See you again soon!