



The **Hawaii COPD Coalition** proudly
presents the **eleventh** annual
COPD Education Day 2017

**Chronic Obstructive Pulmonary Disease (COPD)
emphysema, chronic bronchitis and chronic asthma**

**Better Breathing:
The National Action Plan!**



Queen's Conference Center

Saturday, September 16, 2017

9:00 AM—2:00 PM

www.hawaiicopd.org

Welcome to COPD Education Day 2017

Better Breathing: National Action Plan!

By Valerie Chang, Executive Director

The **Hawaii COPD Coalition (HiCOPD)** was formed in 2007 to provide services and support to Hawaii's people affected by Chronic Obstructive Pulmonary Disease (COPD), which is an umbrella term including emphysema, chronic bronchitis and chronic asthma. The Coalition is a non-profit corporation, serving patients, caregivers, family and friends, and healthcare professionals through research, education and increasing public awareness including early screening and diagnosis.

HiCOPD is in its eleventh year of operating **support groups and offering resources throughout the state.** Lung health clinics have been performed on all islands in prior years. Professional development and resources have been offered as well. Support groups meet monthly at Kaiser Honolulu on Pensacola and Pali Momi Women's Center! www.hawaiicopd.org has more information. The website is regularly updated with new and helpful information about COPD, as well as a calendar of events.

If you have COPD or asthma, please register for the **COPD Patient Powered Research Network (PPRN)** at www.copdfoundation.org, under the 'PPRN Research' page. Registration is free and your privacy is *strictly* protected. **The information will help researchers develop better treatments and cures for COPD.** If you use supplemental oxygen at all, please complete and critique the Portable Oxygen Needs Assessment so we can make it better!

The **Burden of COPD in Hawaii 2010 Report**, written by the Hawaii Department of Health (in collaboration with **HiCOPD**) continues to be available at www.hawaiicopd.org, containing important information about the **46,015 adults in Hawaii** with COPD and the over **\$55 million/year in Hawaii COPD hospital charges!**

GET INVOLVED — Share Your Story and Change Lives!

Come to monthly support group meetings

2nd Tuesdays at Pali Momi Women's Center 2nd Fridays at Kaiser Honolulu, Pensacola

Details at hawaiicopd.org, or email valerie@hawaiicopd.org or call (808)699-9839

Contribute when you shop at Foodland and Amazon:

Foodland's Give Aloha Program, #78740 for *September* only.

Amazon Smile Program <http://smile.amazon.com/ch/35-2328693>

0.5% of qualifying Amazon.com purchases made through this link will be donated to Hawaii COPD Coalition. Details at www.hawaiicopd.org.



Resources

COPD questions or issues? Call COPD INFO LINE!

1-866-316-COPD (2673)

(M-F 3am to 3pm HI time).

Problems with your oxygen or other durable medical equipment? Call Medicare!

1-800-633-4227

(Select other choices, then durable medical equipment competitive bidding problems).

Program Schedule

- 9:00 **Registration**
Workshops and exhibits
- 10:15 **Welcome & Introduction**
Emcee: Jackie Young
Former Legislator & Chief Staff Officer for ACS Hawaii
- 10:20 **Your Best Life with COPD**
Eric Crawley, MD
Pulmonologist, Straub Medical Center
- 10:45 **Better Breathers Group Workout**
Joshua Cordova, BS EXHPR, NSCA-CPT
Kasie Kiyuna, BSN-RN
Rehabilitation Hospital of the Pacific
- 11:05 **Medications for Better Breathing**
Daniel Sabin, PharmD
Managing Pharmacist, Aina Haina Longs
- 11:30 **Breathing Tools—Use & Care**
Augustine Luc, Trina Kaneakalau
Respiratory Therapy Students, Kapiolani Community College
- 11:50 **Eat to Breathe**
Carolyn Donahue-Mather, MAS, RDN, LD, IBCLC, Nutritionist
Hawaii Department of Health, Chronic Disease Prevention &
Health Promotion Division
- 12:10 **COPD and Leonard Nimoy**
Valerie Chang, JD
Executive Director, Hawaii COPD Coalition
- 12:30 **National COPD Action Plan**
Valerie Chang, JD
Vice-Chair, US COPD Coalition
- 12:50 **Announcements & Reminders**
Jackie Young & Valerie Chang
- 1:00 **Refreshments, Demos & Exhibits**
- 2:00 **Program Ends—Thanks for Coming!**

**Mahalo for completing BOTH sides of survey/evaluation and
priority forms and returning for your bento lunch.**

ACKNOWLEDGEMENTS

The Hawaii COPD Coalition gratefully acknowledge the following sponsors for their support of this event: Platinum sponsors **Sunovion, Queen's Medical Center and Queen's Medical Center**; Silver sponsors **Department of Health Tobacco Prevention & Education Program, National Institutes of Health Learn More, Breathe Better Campaign, and COPD Foundation**; and Bronze sponsors **HMSA and Kapiolani Community College Respiratory Therapy Program**.



HAWAII STATE
DEPARTMENT
OF HEALTH

Special thanks to our speakers **Dr. Eric Crawley, Joshua Cordova, Kasie Kiyuna, Jung Kim, Alice Inoue, Daniel Sabin, Augustine Luc, Trina Kaneakalau, and Len Geiger**, who made this event possible, *as well as our fabulous emcee Jackie Young*. Thanks to **Amanda Chang** for brochure and cover graphic. **Kaiser Permanente** thanks for printing and mailing brochures, **Hawaii State Library System, Honolulu Satellite City Halls, Jo Anne Ikehara, Queen's Medical Center, HMAA, Hawaii Society of Respiratory Care**, and others who distributed brochures. Mahalo to **Sodexo** for our healthy meals at special prices. Thanks so much to **Queen's Conference Center**, especially **Harvey, Ryan** and the AV team. *Thanks to our many individual volunteers and assistants, including Brenda Hiromoto and Mary Nakamoto.* Mahalo to our future—Respiratory Therapy Instructors **Robert Vega and Jung Kim**, and respiratory therapy student volunteers: **Catherine Bacani, Arglyn Bancolita, Piilani Enos, Marinelle Guillermo, Sydney Inay, Brad Kamihara, John Kealoha, Anh Thu Nguyen, Mari Nomura, Traci Oba, Cory Quiamzon, Shanice Salvido, Khamphou Sayavong, Tatyana Serikov, Rebecca Shimabokuro, Brittany Spencer, and Rachel Wong.**

Each of you helped make this event better and more special!

Special mahalo to **Nonin, Inc.** for donating door prizes.



Pulmonary Fibrosis
FOUNDATION

GRIFOLS



Please Complete and Return ALL Completed Survey/Evaluation and Priority Forms

Thanks for helping us improve our future events!

Thanks for coming! See you again soon!