The Hawaii COPD Coalition proudly presents the eighth annual
COPD Education Day 2014
Chronic Obstructive Pulmonary Disease (COPD) emphysema, chronic bronchitis and chronic asthma
Saturday, September 13, 2014
9:00 AM—2:00 PM
Try More, DO More!
Queen’s Conference Center
www.hawaiicopd.org
Welcome! The Hawaii COPD Coalition (HiCOPD) was formed in 2007 to provide services and support to Hawaii’s people affected by Chronic Obstructive Pulmonary Disease (COPD), which is an umbrella term including emphysema, chronic bronchitis and chronic asthma. HiCOPD is a non-profit corporation, serving the 46,015 Hawaii diagnosed patients, caregivers, family, friends, and healthcare professionals through research, education and increasing public awareness including early screening and diagnosis. **COPD is now the second leading cause of disability and third leading cause of death in the US, claiming one US life every 4 minutes.**

HiCOPD is in its eighth year of operating **support groups and offering resources throughout the state.** Lung health clinics have been performed on all islands. Professional development and resources has been offered as well. Support groups meet monthly at Kaiser Honolulu on Pensacola and Pali Momi Medical Center! The website has LOTS of new and helpful information about COPD, as well as a calendar of events, including support group meetings.

Since 2012, the Hawaii COPD Coalition has been working with partners including HMSA, Kaiser Permanente, Pali Momi Medical Center, Queens Medical Center, Department of Health and many others on a state strategic plan for COPD. Meetings are being held regularly with stakeholders to improve care for all COPD patients.

HiCOPD has received support from individual contributors, memorial gifts, gifts in honor of special events, exhibitors, pharmaceutical companies, in-kind donations, and numerous volunteers.

The Burden of COPD in Hawaii 2010 Report, written by the Hawaii Department of Health (in collaboration with HiCOPD), at [www.hawaiicopd.org](http://www.hawaiicopd.org), continues to be available. It provides important information about the 46,015 Hawaii adults with COPD and the over $55 million/year in Hawaii COPD hospital charges. The American Lung Association released “Taking Her Breath Away: Women with COPD Report,” in 2013, highlighting that COPD is increasingly killing more women than men in the US. CDC.gov has information about each state and its COPD rates.

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**GET INVOLVED—Share Your Story and Change Lives!**

Attend monthly support group meetings—see [www.hawaiicopd.org](http://www.hawaiicopd.org) or call (808)699-9839

**2nd Fridays at Kaiser Honolulu, 1010 Pensacola, 2nd Thursdays at Pali Momi**

**Contribute**

- Make a tax-deductible donation to Hawaii COPD Coalition
- Contribute to Aloha United Way, designating Hawaii COPD Coalition donor choice #75690
- Contribute to Foodland’s Give Aloha Program in September, selecting Hawaii COPD Coalition #78740

**Resources**

Problems with your oxygen or other durable medical equipment? Call Medicare 1-800-633-4227 (select other choices, then durable medical equipment competitive bidding problems).


1-866-316-COPD (2673) COPD INFO LINE, M-F 3am to 3pm HI time

Program Schedule—Try More, DO More!

9:00 AM  **Registration**  
Workshops and exhibits

10:30  **Welcome & Introduction**  
Emcee: Pedro Haro, MPH, TTS  
Health Communications Professional on Tobacco  
Valerie Chang  
Executive Director, Hawaii COPD Coalition

10:37  **COPD 101: What’s New?**  
Speaker Ronson Sato, MD, Keynote  
Pulmonary and Sleep Specialist, Private Practice

11:00  **Being Active & Advocacy With COPD**  
Speakers Ralph Antonio, patient, golfer, small business owner  
Valerie Chang, JD, Executive Director, Hawaii COPD Coalition; Secretary, US COPD Coalition

11:25  **Exercising is FUN and Safe!**  
Speaker Robert “Bobby” Tagawa, Bernardo “Bernie” Soriano  
Masters of Physical Therapy  
Central Oahu Physical Therapy

11:50  **Caregivers, Money Matters and Resources**  
Speaker Gary Powell, Executive Director  
The Caregiver Foundation

12:10  **Getting Medical Help in Your Home**  
Speaker Patricia Tom, RN, BSN (retired)  
Home Health Nurse (retired), Nurse Educator

12:30  **Panel Questions & Answers**  
Above Speakers

12:55  **Additional Thoughts and Prize Drawings**  
Pedro Haro

1:00  **Refreshments, Demos & Exhibits Continued**

2:00  **Program Ends—Thanks for Coming!**

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**Mahalo for completing BOTH sides of survey/evaluation and priority forms and returning for your bento lunch.**

The Hawaii COPD Coalition reserves the right to make program changes.
ACKNOWLEDGEMENTS

The Hawaii COPD Coalition gratefully acknowledge the following sponsors for their support of this event: Platinum sponsors Kaiser Permanente, Queen’s Medical Center, and Glaxo Smith Kline. Gold sponsors CSL Behring, Grifols, and Hawaii Department of Health, and Silver Sponsor AstraZeneca

Thanks also to exhibitors: Accredo, American Lung Association in Hawaii, CAIRE/Chart Industries, The Caregiver Foundation, Central Oahu Physical Therapy Specialists, OxiMedical, and University of Hawaii at Hilo College of Pharmacy.

Additional Organization Partners, Contributors, Supporters and Exhibitors Include: COPD Foundation, Generations Magazine, Hawaii Public Library System, Hawaii Public Radio, Jo Ann Ikehara, and University of Hawaii Pre-Pharmacy Program.

Special thanks to student volunteers: Rae Ann Ancheta, Sandra Baik, Edica Balacy, Shannon Caraulia, Edith Domingo, Kahau Grace, Rowan Gragas, Monica Hamada, Jennifer Junk Michael Miguel, Bryson Mitchell, Bret Nunes, Lovely Pascua, Marie Racimo, Jerrad Taira, Arelene Varlion, Christianthi, Instructor Robert Vega, Cynthia Li, Sheri Chong, Jenina Pascua, Jenna Pak, and Pharmacist Wes Sumida. Thanks also to volunteers Katie Tsou, Randall Yong, Victoria Fong, Hilda Sung, Nally Chen, and graphic artist/photographer Zack Anderson. Thanks also to Sodexo for lunches. Thanks to Kaiser Permanente for printing brochures.

Please Complete and Return ALL Completed Survey/Evaluation and Priority Forms

Thanks for helping us improve our future events!

Thanks for coming! See you again soon!