The Hawaii COPD Coalition proudly presents the seventh annual COPD Education Day 2013

Chronic Obstructive Pulmonary Disease (COPD) emphysema, chronic bronchitis and chronic asthma
Saturday, September 7, 2012
9:00 AM—2:00 PM

Driving for COPD — Exercise, Empowerment, and More

Queen’s Conference Center

www.hawaiicopd.org
Welcome to COPD Education Day 2013
Drive for COPD: Exercise and More!

By Valerie Chang, Executive Director

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The Hawaii COPD Coalition (HiCOPD or Coalition) was formed in 2007 to provide services and support to Hawaii’s people affected by Chronic Obstructive Pulmonary Disease (COPD), which is an umbrella term including emphysema, chronic bronchitis and chronic asthma. The Coalition is a non-profit corporation, serving patients, caregivers, family and friends, and healthcare professionals through research, education and increasing public awareness including early screening and diagnosis.

HiCOPD is in its seventh year of operating support groups and clinics throughout the state. Clinics are staffed by trained healthcare professionals: paramedic, registered nurses and respiratory therapists. Training sessions have been held in 2011 for healthcare professionals including doctors, residents and medical students. In 2011, over 1300 spirometry tests were conducted and over five sessions were held for training healthcare professionals. In 2013, we have tripled the number of support groups to three, Kaiser Honolulu, Pali Momi Medical Center and Queen’s Medical Center! More information is on the website, www.hawaiicopd.org. The website has been updated with LOTS of new and helpful information about COPD, as well as a calendar of events.

In 2012-2013, Hawaii COPD Coalition has been working with the Department of Health, HMSA, Pali Momi Medical Center, Hawaii Society for Respiratory Care, Kapiolani Community College Respiratory Therapy Program, and many other partners to formulate Hawaii’s first Strategic Plan for COPD in Hawaii, as urged by resolutions introduced by Representatives Barbara Marumoto and Mark Hashem, adopted by our legislature. Monthly meetings are being held with stakeholders to improve care for all COPD patients.

The Hawaii COPD Coalition has received support from individual contributors, memorial gifts, gifts in honor of Arthur and Victoria Fong’s 60th anniversary, in memory of Shirley Todd, grants from the Hawaii Tobacco and Control Trust Fund, Friends of Hawaii Charities, Kaiser Permanente Hawaii, American Medical Association, National Heart Lung Blood Institute, Ohana Health Plan, sponsors, exhibitors, pharmaceutical companies, in-kind donations, and numerous volunteers.

The Burden of COPD in Hawaii 2010 Report, written by the Hawaii Department of Health (in collaboration with HiCOPS), at www.hawaiicopd.org, continues to be available. It provides important information about the 46,015 Hawaii adults with COPD and the over $55 million/year in Hawaii COPD hospital charges. The American Lung Association released “Taking Her Breath Away: Women with COPD Report,” in 2013, highlighting that COPD is increasingly killing more women than men in the US. CDC.gov has information about each state and its COPD rates.

GET INVOLVED—Share Your Story and Change Lives!

• Come to monthly support group meetings—see http://hawaiicopd.org
  2nd Thursdays at Pali Momi, 2nd Fridays at Kaiser Honolulu, 3rd Fridays Queen’s
  10-11:30am, Ewa Conf. Rm 10-noon, Conf. Rm 2E 6-7:30pm Kam Lounge

• Make a tax-deductible donation to help us continue and expand our programs

Hawaii COPD Coalition donor choice #75690

Program Schedule

9:00 AM  **Registration**
Workshops and exhibits

10:40  **Welcome & Introduction**
**Emcee:** Beth-Ann Kozlovic
Hawaii Public Radio Executive Producer Talk Shows, Co-Host, the Conversation; Host, Town Square

Valerie Chang
Executive Director, Hawaii COPD Coalition

10:45  **COPD 101: What’s New?**
**Speaker** Julie Chang, MD, Co-Keynote
Pulmonary Specialist, and Hospitalist
Pali Momi Medical Center

11:05  **Taking Charge!**
**Speaker** Charlene Bell, PsyD
Clinical Psychologist, Private Practice

11:30  **Caregiving for COPD Patients**
**Speaker** Mary Kim, MSPH, PsyD
Psychologist, Department of Education

11:55  **Everyone CAN Exercise!**
**Speaker** Lucille Chun,
Certified Luk Tung Kuen Instructor, Tai Chi Teacher

12:20  **Self-Advocacy: Being Heard**
**Speaker** Valerie Chang, JD
Hawaii COPD Coalition, Secretary US COPD Coalition

12:55  **Additional Thoughts and Prize Drawings**
Beth-Ann Kozlovich

1:00  **Refreshments, Demos & Exhibits Continued**

2:00  **Program Ends—Thanks for Coming!**

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Mahalo for completing BOTH sides of survey/evaluation and priority forms and returning for your bento lunch.

The Hawaii COPD Coalition reserves the right to make program changes.
ACKNOWLEDGEMENTS

The Hawaii COPD Coalition gratefully acknowledge the following sponsors for their support of this event: Platinum sponsors Kaiser Permanente, Queen’s Medical Center, Glaxo Smith Kline. Silver sponsors CSL Behring, Grifols, Department of Health Tobacco Prevention & Education Program, and COPD Foundation.

Special thanks to the tireless planning committee, including our speakers Dr. Julie Chang, Lucille Chun, Mary Kim, and Charlene Bell, who made this event possible. Victoria Wang and the Department of Health for meeting space, and our planning committee. Thanks to Lucille and Kenneal Chun for the gorgeous exercise photo for our publicity. Kaiser Permanente thanks for printing and mailing brochures and Carol Agard and Pua Kahaulelio for flyer and brochure posting in Queen’s elevators. Respiratory Home Care Specialists, Jo Anne Ikehara, Pua Kahaulelio, and others who distributed brochures. Mahalo to Sodexo for our healthy meals at special prices. Thanks so much to Queen’s Conference Center, especially Michael and the AV team. Thanks to our many individual volunteers and assistants. Mahalo to our future—Respiratory Therapy Professor Aaron Koseki, PhD, RRT, instructor Jung Kim, MS, RRT, second year student Tahnee Dudoit, and respiratory therapy student volunteers: Christian Cadillac, Tyson Cagason, Fu Hua Chu, Cary Jones, Christina Lewis, Mollye Lewis, Leighton Luna, Mykah Luga, Des Martinez, Reyn Matsumoto, Simone May, Ariel Navares, Kenneth Nguyen, Christina Okimoto, Tasha Ramos, and Ulysses Trono.

Each of you helped make this event better and more special!

Additional Organization Partners. Contributors, Supporters and Exhibitors Include:

American Association of Respiratory Care; American College of Physicians; American Lung Association of Hawaii; Attention-PLUS; CSL Behring; Department of Health-Tobacco Prevention and Education Program; Sage PLUS and SNP Programs’ Hawaii Society for Respiratory Care; John A. Burns School of Medicine; Kaiser Permanente Hawaii; Pali Momi Medical Center; Queen’s Medical Center Native Hawaiian Health, Pulmonary Laboratory, and Respiratory Departments; and Respiratory Home Care Specialists. Mahalo to Nonin, Inc. for donating door prizes.

Please Complete and Return ALL Completed Survey/Evaluation and Priority Forms

Thanks for helping us improve our future events!

Thanks for coming! See you again soon!